



YumLO Pty Limited  
 ABN: 19 619 670 512  
[www.yumlo.com.au](http://www.yumlo.com.au)  
[catering@yumlo.com.au](mailto:catering@yumlo.com.au)

Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Tea</b>	Fruit Platter	Veggie stick Platter with dip	Fruit Platter	Veggie stick Platter	Fruit Platter and
	Wholemeal Toast	Raisin Toast	Crumpets with Cream cheese	Garlic Bread	Blueberry Muffins
<b>Lunch</b>	Chicken fried rice/Vegetarian Fried rice	Tuna Mornay/Lentils Mornay	Teriyaki chicken noodles / Vegetarian noodles	Sausage curry with rice/ mix curried vegetable with rice	Spaghetti Bolognese/ Vegetarian spaghetti
<b>Afternoon Tea</b>	Yogurt & Muesli	Peta bread with Hummus	Crackers with cheese	Custard	Corn thins with spreads
	Veggie stick Platter with dip	Fruit Platter	Veggie stick Platter	Fruit Platter	Veggie stick Platter

Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Tea</b>	Fruit Platter	Veggie stick Platter	Fruit Platter	Veggie stick Platter	Fruit Platter and
	English muffins with cheese	Tomato and Cheese Scrolls	Wholemeal Toast with Spreads	Banana cake Slice	Corn Thins with Spreads
<b>Lunch</b>	Irish beef and potato stew, served with steamed rice/ Irish potato and chickpeas stew with steamed rice	Butter Chicken with rice/ Tofu curry with rice	Tuna and vegetable pasta bake/ Vegetable and cheese pasta bake	Meatballs with mash and veggies/Vegetable Balls with mash and veggie	Chicken stir fry vegetable noodles/ Tofu stir fry vegetable noodle
<b>Afternoon Tea</b>	Yogurt with Muesli	Custard	Cheese & Crackers	Peta bread with hummus	Garlic Bread
	Veggie stick Platter	Fruit Platter	Veggie stick Platter	Fruit Platter	Veggie stick Platter



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Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Tea</b>	Fruit Platter	Veggie stick Platter	Fruit Platter	Veggie stick Platter	Fruit Platter and
	Blueberry Cake Slice	Raisin Toast	Crumpets with spread cheese	Corn Thins with spread	Spinach & cheese Scrolls
<b>Lunch</b>	Honey soy chicken noodles/ honey soy vegetarian noodles	Salmon cakes with coleslaw salad/ Vegetable cakes with Coleslaw salad	Shepherd's pie with salad/Vegetarian shepherd's pie with salad	Chicken pasta bake/ vegetarian pasta bake	Vegetable & Cheese Pizza
<b>Afternoon Tea</b>	Yogurt Muesli	Peta bread with Dip	Garlic Bread	Custard	Cheese & Crackers
	Veggie stick Platter	Fruit Platter	Veggie stick Platter	Fruit Platter	Veggie stick Platter

Week 4					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Tea</b>	Fruit Platter	Veggie stick Platter	Fruit Platter	Veggie stick Platter	Fruit Platter and
	Wholemeal Toast with Spreads	Carrot muffins	Tomato & Cheese Scrolls	Pancakes	English muffins with cheese
<b>Lunch</b>	Mexican mince (Beef) with rice/ Beans and vegetables with rice	Chicken & Vegetable Sandwiches	Tuna Pasta Salad	Fish curry with rice	Spaghetti Bolognese/ vegetarian spaghetti
<b>Afternoon Tea</b>	Yogurt with muesli	Corn Thins with spreads	Custard	Cheese & Crackers	Peta bread with Hummus
	Veggie stick Platter	Veggie stick Platter	Veggie stick Platter	Fruit Platter	Veggie stick Platter